

experience quest



ETHIOPIA, KENYA AND TANZANIA ADVENTURE

CULTURE, BEACHES AND SAFARI

"I put this adventure together following extensive travels in Africa. I have been lucky enough to experience some of the most spectacular and fascinating locations throughout the continent. What I have done in this adventure is to comprise what I regard to be some of the most exhilarating and memorable locations. When done correctly a trip to Africa can be exciting, rewarding and most of all safe, I have constructed this itinerary therefore to stretch the boundaries of a normal holiday, sampling some experiences few rarely have the privilege to encounter.

Simon Tierney, Senior Expedition Leader

- ❖ Trek through some of the most spectacular scenery in the whole of Africa, visiting the Simien Mountains of Ethiopia.
- ❖ Experience the 'New Jerusalem' and the ancient rock-hewn churches of Lalibela.
- ❖ Visit one of our fantastic projects in Kenya, helping out with the 'WaterRelief Project' in Machakos.
- ❖ Support the grass roots community project in Tanzania at Waang'waray Primary School
- ❖ Spot the 'Big 5' in Tanzania's incredible Ngorongoro Crater and Serengeti National Parks.
- ❖ Finish the trip unwinding on the stunning beaches and crystal waters of the Spice Island, Zanzibar

Dates: **Saturday 24th September – Saturday 15th October 2011** – Three weeks

Cost: **£4,350** – Includes all costs on the ground (except evening drinks, souvenirs and a few lunches), travel insurance and a £250 donation to our charity Quest4Change. International flights are separate.

Find out more or make a booking. Contact us on 01273 777206 or email info@experiencequest.com

Your Quest

Be part of a trip with a difference, stretch your limits and witness some of the best African spectacles. Immerse yourself in African culture; try your hand at spotting the 'Big 5' and settle into a slower pace of life on the spice island of Zanzibar. Make your friends green with envy with wonderful anecdotes and photos of your travels. This is an active cultural adventure that will not disappoint.

Further Information

Food & drink Included in the cost of the trip are meals in some fantastic restaurants, sampling some of the best food Africa has to offer. While we will cover drinks during meals, we may ask you to chip in if it turns out to be a particularly thirsty night... Also, there will be a couple of occasions while in towns, when the group will be free to explore and as such we will leave lunches to your own discretion. This will be only 2 or 3 occasions though.

Accommodation We have carefully picked some real characterful hotels whenever we are in towns and cities, with all the comforts you would normally expect, but not in the cold style of a high rise hotel block. While visiting our more remote and rural project sites the accommodation will be comfortable but more basic.

Weather September is at the end of Africa's winter. The days will be hot and the nights a little cooler with a chance of some rain. We will visit both dry savannas and wet jungles so you will need to be prepared

Leaders You will be accompanied by only our best and most experienced staff. We have always said that our leaders bring the trip to life for you –you will not be disappointed here! Their knowledge, professionalism and enthusiasm are unparalleled.

Preparation Once you have booked onto the trip, we will be with you every step of the way in the build up for departure, helping to sort flights, insurance, providing recommendations on kit, anything you should need.

Travelling alone? Not a problem. Our price is based on two people sharing, and if you are joining this trip on your own, you will be sharing a room or a tent with someone of the same sex. If you would prefer to have your own room and tent, you can pay our single supplement of £200.

What to do next? If you'd like to find out more, just give us a call and we can fill you in with some more information. To book a place on this trip, get in touch and we will send you a booking form together with a copy of our terms and conditions. Any questions, just give us a call on 01273 777206.

Giving Back

While in Kenya you will be visiting the Wote Self Help Groups. You can help by assisting in reforestation projects and the construction of sand dams. Many Kenyans are faced by multiple challenges in their daily lives, in particular the shortage of water and food, exacerbated by deforestation. We approach these problems with the construction of a small sand dam and the terracing of the adjoining land, followed by the planting of trees. These measures result in improved soil and water conservation, which in turn enables increased food production.

Primary education in Tanzania is free however there are not enough schools or qualified teachers to take advantage of this. By assisting in the construction and maintenance of schools you will be working towards our long term goal to alleviate poverty through education. The construction of a new kindergarten has encouraged early childhood development and children now have an environment that permits physical, psychological and emotional security and development. While at the school you will be able to interact with the children and teachers, and work on the improvement of both buildings and the sustainable farm.

Adventure Itinerary

Days 1-2: Departure from London to Addis Ababa, Ethiopia

Departing from London, an overnight flight takes to Addis Ababa. The first day is spent visiting the fascinating megalopolis, taking in the *mercato*, the National Museum of Ethiopia and the Mausoleum of Hallie Sellasie. Sampling (probably only once) the local Injera cuisine. Evening flight to Gonder.



Days 3-6: Gonder, Debarq & Simien Mountains

On arrival in Gonder we check in to the cliff top Goha Hotel, and then visit the ancient castles and ruins of Fasilides, and sample the local night life of folk song and dance. Transfer to Debarq and commence the 2 day trek through the mountains, 1 night at the Simien Lodge (the highest hotel in Africa) and 1 night open camping at Gich. Baboons a plenty.

Days 7-8: Transfer to Lalibela and onwards to Kenya

Transfer flight via Gonder to Lalibela, checking into the Roha Hotel. Following day a tour of the ancient rock-hewn churches, an experience you will never forget. Evening transfer to Nairobi via Addis Ababa.

Days 9-10: Nairobi, travel to Machakos

Check in to our hotel and have a meal at the infamous Carnivore restaurant. Following day transfer to the Machakos WaterRelief project, staying with local families and lending a hand on the construction site.

Days 11-14: Onwards to Arusha, Tanzania

Transfer to Arusha overland, passing by the massive Mt Kilimanjaro. We then reach our grass roots community project, at Waang'waray Primary School. This is an opportunity to get your hands dirty helping out with school upkeep and playing with the kids.

Day 15-17: Safari and onward transfer to Zanzibar

3 days of spectacular guided safaris, staying in luxury eco camps, spotting the 'Big 5' and sleeping with the soundtrack of Africa under incredible starry skies. A safari here is guaranteed to stir something within you. Final transfer flight into Stonetown, Zanzibar, checking in to the Serena Inn.

Day 18- 20: Zanzibar, and return journey home

Transfer to Ras Nungwi Hotel, sunset Dhow trip and sundowners on the pristine waters of the Spice Island. The following days will be spent unwinding, snorkelling and soaking up the laid back atmosphere of one of the most absorbing and idyllic islands imaginable. With a PADI dive centre a stone's throw away, there is the chance for beginner or experienced divers to take an adventure into the deep.

Days 20-21

Time to make our way back home, it had to happen sooner or later

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